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An objective of the present invention is to provide a probe for detecting a nucleic acid, in which a gene can be detected by a simple operation in a short time with high sensitivity. The probe according to the present invention comprises a nucleic acid carrying a labeling substance that releases energy and an energy-absorbing substance capable of absorbing energy released from the labeling substance, wherein energy transfer from the labeling substance to the energy-absorbing substance is intercepted by the hybridization of the probe with the target nucleic acid.